



**Center for
People in Need**

ClientUpdate

May 2021

DRIVE-THRU DISTRIBUTIONS MON-FRI 10A.M. TO 1 P.M. AND TUESDAYS 4 TO 6 P.M.

OFFICE HOURS: 9 A.M. TO 3 P.M. — WE ARE NOT CURRENTLY OPEN TO VISITORS.

Emergency Broadband Benefit Program begins May 12

Families struggling to pay for internet service during the pandemic may be eligible for a **\$50 per month discount on broadband** internet service. Eligible households can also receive a one-time discount of up to \$100 toward the purchase of a laptop, desktop computer or tablet from participating providers. Qualifying households must meet specific criteria.

Visit getemergencybroadband.org, email EBBHelp@usac.org or call **833.511.0311** for more information. Allo is offering their \$70/month service free to qualifying families. Contact Allo now at 402.480.6550 or allofiber.com/ebb for more information.

COVID-19 emergency rent and utility assistance

If the pandemic has prevented you from paying for housing and utilities, financial assistance from the City of Lincoln may be available to you. Money to pay for gas, electricity, water and rent is available now to those who qualify. These funds do not have to be repaid. To qualify, you must meet income guidelines, and the need must be a result of COVID-19.

For more information, visit covid19.lincoln.ne.gov and click "Resident Resources" or call **402.413.2085**.

For help with other needs

The City of Lincoln is maintaining a list of both prevention information and sources of assistance. **If your needs go beyond food and diapers, visit covid19.lincoln.ne.gov** and click "Resident Resources."

For a list of companies currently hiring in Lincoln and information about the available positions, visit lcoc.com/job-postings.

For one-on-one career coaching, planning and assistance using NEworks.nebraska.gov, email NDOL.NEres@nebraska.gov.

COVID-19 vaccine available to all

All residents of Nebraska age 16 and up are now eligible for vaccination. Vaccination is essential to reducing COVID-19 infection and death. And it's essential in our return to "normalcy." The COVID-19 vaccines have been tested and deemed safe and effective. For more info about the vaccines, visit cdc.gov/coronavirus/2019-ncov/vaccines/index.html.

Visit vaccinate.ne.gov to register for your vaccine today OR contact a local pharmacy for vaccination walk-in or appointment options. The COVID-19 vaccine is FREE to all, regardless of insurance status.

MORE UPDATES & INFORMATION

cfpin.org

[facebook.com/
centerforpeopleinneed](https://facebook.com/centerforpeopleinneed)

twitter.com/CFPIN

402.476.4357

Weather may cause a delay or closure. Please keep an eye on our social media, website or call for updates!

COVID-19 FREE TESTING

Continued COVID-19 testing is integral to stopping the spread. Visit CHIHealth.com or TestNebraska.com for a free risk assessment and test appointments.

Free testing is also available at Walgreen's and three Bryan Urgent Care locations.

DATES TO REMEMBER

May 31

Center Closed for Memorial Day

No distribution.

July 5

Center Closed for Independence Day

No distribution.



Help us help you (and keep our funding)!

We need your feedback! We rely on government grants to provide major funding for our food distributions. Those funders would like to know how our distributions are impacting you and your family. **Please take 2 minutes to complete a 4-question survey** for our grant-reporting requirements.

<https://www.surveymonkey.com/r/centerimpact>

English Language Learning classes resume at the Center

We offer three levels of **FREE English Language Learning classes** for anyone for which English is not their primary language. New students are tested to identify their skill level. They're placed in a class according to their abilities and progress through the program at their own pace. Our instructors are highly skilled and dedicated to teaching English and basic American culture. Classes are held Monday through Friday from 9 to 11 a.m. For more information or to sign-up, call Steve Sheridan at 402.473.3017 or email info@cfpin.org.

Preventative measures have been put in place to reduce the risk of COVID-19, including social distancing, face mask requirements, and daily wellness screenings.

SNAP and WIC food programs

If you're having trouble making ends meet, consider applying for the Supplemental Nutrition Assistance Program (formerly known as food stamps). To see if you're eligible, contact Salim at 402.476.4357 x105.

WIC is a special nutrition program specifically for pregnant and breastfeeding women and families with children younger than 5 years old. For more information, visit dhhs.ne.gov/pages/wic-about.aspx or call Family Service WIC (remote services through September) at 402.441.8655 or Lincoln Lancaster County WIC at 402.441.8000.

Don't forget you can double your food dollars.

Get free fresh fruits and vegetables with your EBT card with Double Up Food Bucks. For details, visit doubleupnebraska.org!

NeighborLNK connects the homebound with volunteers

This program is designed to help keep homebound residents healthy, connected and independent during the isolation required by this crisis, as well as to cultivate friendships that could last beyond the pandemic.

NeighborLNK volunteers will run errands for the participants and offer companionship through phone or video calls. COVID-19 prevention measures will be followed and volunteers will not enter participants' homes. If you're interested in participating or volunteering, visit lincoln.ne.gov (keyword NeighborLNK) or call 402.441.7575.

Help coping during a pandemic

The Nebraska Strong Recovery Project is an outreach program to provide community-based counseling and identify unmet needs in Nebraska during the pandemic. Call 800.464.0258 or 888.866.8660 for immediate needs, constructive assistance, public information, connections to social supports, and physical/emotional support.

AMERICAN STROKE ASSOCIATION REMINDER

Learn to recognize stroke warning signs:

Face drooping.

Arm weakness.

Speech difficulty.

Time to call 9-1-1.

strokeassociation.org

SURVEY OPPORTUNITY

A UNL researcher is looking for 20 US-born English-speaking women aged 19-45 years old for a 15-20 minute survey about nutrition. \$10 compensation for your time. For more info, contact Rehab Aldahash at 402.540.5768 or raldahash@huskers.unl.edu.

PROTECT OUR COMMUNITY

If you are displaying symptoms of illness or have potentially been exposed to COVID-19, **please stay home and DO NOT ATTEND DISTRIBUTION**. Our drive-thru reduces contact, but attending still puts our staff and community at risk. Instead, call us at 402.476.4357 and we will attempt to connect you with services for people at home, in isolation.